

DESKLINE®
IMPROVING ERGONOMICS

Bring movement to the kitchen



Baselift™
Ergonomics meets Innovation



LINAK® 
WE IMPROVE YOUR LIFE

Ergonomics in the kitchen

A healthy working position is important in all our everyday activities regardless of whether we are at work or at home. Working in the right position has many benefits, for example:

- Increased calorie burn
- A better posture
- More energy

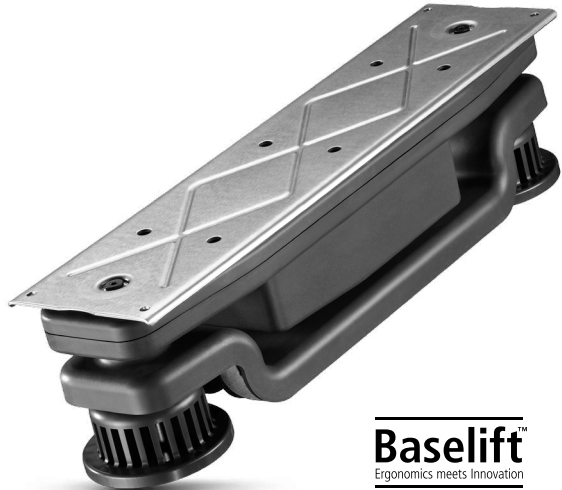
The correct working height

At home, the kitchen is where we are most active. Still, only few kitchens accommodate our individual needs for different working heights. However, with LINAK's Baselift™, the scene is about to change as the system brings a 10-centimetre adjustment range to the kitchen.

A discreet solution for increased comfort

The Baselift™ system is mounted in the kitchen base - hidden from plain sight. The height adjustable solution is developed to accommodate the ideal working height of all adult users of the kitchen.

With the Baselift™ ergonomics meets innovation in a solution that raises home comfort and creates new opportunities for aesthetic kitchen designs.



Baselift™
Ergonomics meets Innovation

Raise the comfort at home

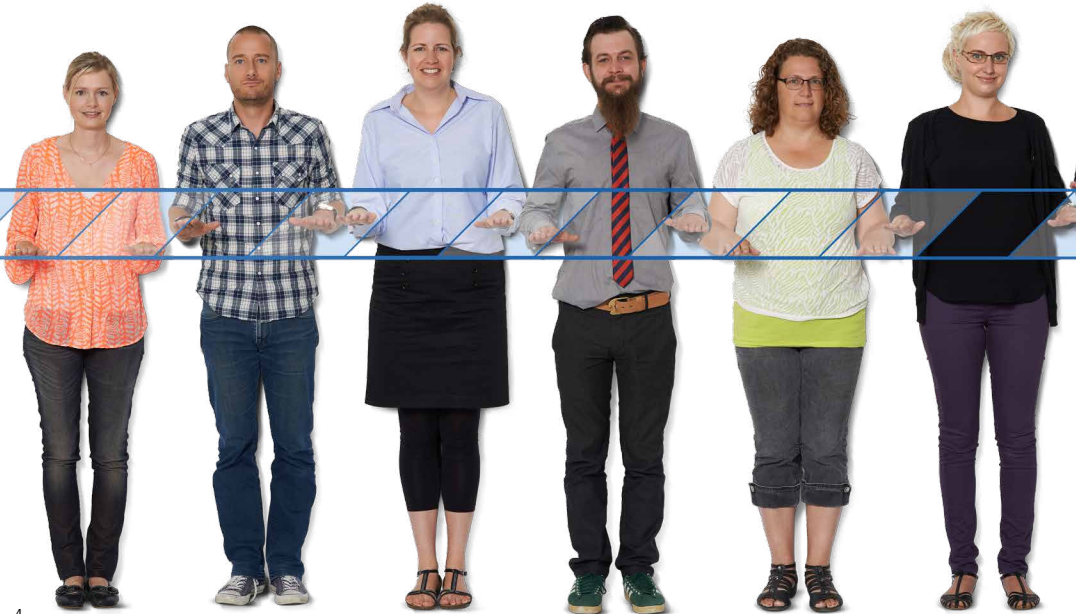
- Healthy working positions are essential in all our everyday activities
- Studies show that a correct working height improves your posture and decreases back- and neck pain
- You can increase your energy and productivity when you vary your working position
- A height adjustable solution helps you increase comfort and health at home



Movement and well-being

Made to move

We are made to be moving. Therefore, it is important to integrate movement as a natural part of our behaviour. With a height adjustable kitchen, you can add more ergonomically correct movement to your everyday life and activities.



Know your working height

Easy and convenient

Your ideal working height is 10 – 15 centimetres below your elbow height. It is easy to measure the ideal working height so all adults in the household can enjoy the full benefits of the height adjustable kitchen.



Measure your working height

- Find a folding ruler
- Bend your elbow 90 degrees
- Measure the height from the floor to your elbow
- Subtract 10 centimetres
- You now know your ideal working height and can adjust the kitchen accordingly

Personal height and working height

Height in cm	Working height in cm
155	85
160	90
165	93
170	95
175	97
180	100
185	103
190	106

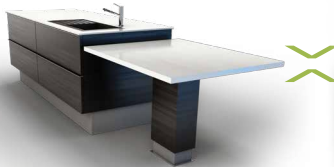
Bring movement to the kitchen

Baselift™ is just one solution that brings movement to the kitchen. With LINAK's movement solutions, you can make large improvements to small kitchens.



Storage and working space

Raise the storage shelves while cooking for easy access to kitchen utensils. Lower the storage shelves again for a simple minimalist look.



Working space and dining table

With a height adjustable side table it is possible for more people to work in an ergonomically correct height at the same time. The side table can also be lowered to the height of a dining table.



Hidden extraction hood

Enjoy more space in the kitchen with an adjustable extraction hood that can be hidden when it is not in use.





INNOVATION



GLOBAL
PRESENCE



WORLD-CLASS
PRODUCTION



SILENCE
TECHNOLOGY



0.1W
standby power



Plug
&
Play

We perfect movement

If you are looking for adding movement to your kitchen or counter, a Baselift solution is the easy flexible way to gain the competitive edge and improve your business. LINAK provides a solution where all components are developed to work together ensuring that you get the best result when it comes to sound level and use.

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